

MORE HOME IMPROVEMENTS,
A CORRECTION, AND
CONFESSIONS

PAGE 2

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ENGINEERING ENTREPRENEUR ENJOYS
LAKE PANORAMA HOME

Hans van Leeuwen’s discovery about purifying ballast water and ethanol production wastewater led him to develop his own vodka brand.

BY SUSAN THOMPSON
Lake Panorama Times

It seems most everyone who owns property at Lake Panorama has an interesting story to tell about how they found their way to the lake community. Yet the story J. Hans van Leeuwen tells has more twists and turns than most.

Born in 1946 in the Netherlands, and raised in South Africa, van Leeuwen attended the University of Pretoria in South Africa, earning bachelor’s, master’s and doctorate degrees in engineering.

Fast forward to 11 years ago. Van Leeuwen was a professor in the Iowa State University Department of Civil, Construction and Environmental Engineering, a position he accepted in 2000.

He’s on a private plane, traveling from Ames to Nebraska to check on a research project there.

“Lake Panorama was very impressive from the air,” van Leeuwen says. “It looked like a beautiful place, and I thought to myself that perhaps we could buy a house there.”

They connected with a local Realtor, who took him and his wife, Marina, on a boat ride. That sealed the deal, and they purchased a home on Horseshoe Cove. They co-own it with their daughter and son-in-law, Lelahni and Tim, who have three children.

“We love living on the water,” van Leeuwen says. This is a second home for them, with Hans and Marina in

a house in Clive, and their daughter and her family in another house a few blocks away.

The family’s road to Lake Panorama was long. Van Leeuwen spent decades living and working in South Africa and Australia before emigrating to Iowa in 2000. His early research focused on water reclamation from wastewater and included the recovery of byproducts from liquid wastes and sediments and fungal treatment of food processing wastewater.

He was on the faculty at the University of Pretoria in South Africa for more than 10 years. After moving to Australia, he was a professor at Griffith University for three years, and at the University of New England for four years.

While in Australia, he began work with others, including a PhD candidate, now Dr. Darren Oemcke, on a project to treat ballast water, which is held in tanks and cargo holds of ships. Ballast water provides stability when ships aren’t carrying cargo, or when more stability is needed because of rough seas.

The team developed a process to treat ballast water with ozone, which killed invasive species such as zebra mussels, the same threat that faces Lake Panorama. Since ballast water is released into coastal waters when no longer needed, treating the water before it is released prevents the spread of zebra mussels and other invasive species.

VODKA, PAGE 5



About every two months, Hans van Leeuwen goes to this production facility in Clive where his patented, impurity-free vodka is distilled and bottled. The ingredients aren’t a secret, but the exact methodology is, so he is involved in creating each batch of IngeniOz.

Block finds rewards in serving patients in Manhattan

Panorama High School graduate reflects on how internship fueled her passion for career as a physician assistant now working in a city of 8.2 million.

COURTESY OF BUENA VISTA UNIVERSITY

Emily Block’s experience as an intern in Buena Vista University’s Undergraduate Rural Medicine Education and Development (URMED), a landmark medical internship program created to help serve rural areas underserved by medical providers, led her to a profession as a physician assistant.

Where her career started might surprise you. The former URMED intern works in another geographic region underserved by medical professionals: Manhattan, one of

the most densely populated places in the U.S.

“There’s a parallel to URMED and what I’m doing now, as both places (rural Iowa and Manhattan) have great demands on the health-care system,” Block, a 2016 BVU graduate, says. “There’s a need for more medical professionals and more support in both areas.”

Block, 27, started her collegiate career at a larger institution but transferred to BVU after the first semester. She met the faculty of BVU’s School of Science, signed up for track and field, and made the switch.

“I ran in track and field, but I ran pretty poorly,” she says with a self-deprecating laugh. “But I competed for one year and met a lot of people.”

Block worked on campus, serving as an academic assistant who directed study sessions in anatomy and physiology. She participated in Student Activities Board. She coached gymnastics in Storm Lake.

Professors such as her advisor Dr. Kristy McClellan, who now serves as Associate Professor of Anatomy at Rocky Mountain University of Health Professions in Utah, and now-President Brian Len-

zmeier made a difference for Block, as did URMED, whose genesis can be traced to BVU alum and Professor of Biology Emeritus Dr. Richard Lampe.

“I had great URMED experiences at Buena Vista Regional Medical Center and the Pocahontas Community Hospital,” Block says. “It was a diversity of experiences, job-shadowing in surgery, OBGYN, and dermatology. I met and saw firsthand the work of dietitians, physical therapists, and physician assistants.”

After graduating, Block

BLOCK, PAGE 5



Physician Assistant Emily Block, a Panorama High School graduate, serves patients in New York City, working for New York City Health + Hospitals/Bellevue.

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ON THE LAKE

More home improvements,
a correction, and confessions

BY SHANE GOODMAN
Editor and Publisher

Inside this edition of Lake Panorama Times, you will find our latest Home Improvement guide. These sections have become quite popular, and we enjoy sharing the stories of lake residents who have transformed their homes and properties into beautiful living spaces.

In this issue, you will learn about the incredible additions that John and Jennifer Dille had added to their home. You will also discover how Jo Juhl-Johnson updated her bathroom from afar. If you are considering adding a four-season room, then be sure to check out what Tom and Conni Jeschke did as part of their Lake Panorama home. And, finally, if a kitchen remodel is in your future, then prepare to be amazed at the traditional look and modern flair that Chad and Sarah Till brought to their home.

Look for the guide as a special section in this issue. My thanks to Darren Tromblay for writing these wonderful stories.

I stand corrected

Jeremy King, an alert reader of this publication, brought to my attention that my reference to “Canadian” geese in last month’s column was incorrect. “This is a common mistake,” he shared. “They are not Canadian geese, but rather Canada geese. They would

only be Canadian geese if they were from Canada. However, even in that case, they would be Canadian Canada geese. Technically, they are more than likely Iowan Canada geese.” Point taken. Thank you, Jeremy.

Another lake chuckle

Three Catholic priests decided to go fishing at Lake Panorama. While on the lake, they noticed that the fish weren’t biting. While sitting in boredom, one of the priests offered an idea. He said, “We always give confession amongst others, but we rarely have the opportunity to give it amongst ourselves.” The other two priests agreed, and they all decided to confess their sins to each other at that moment.

The first priest shared, “Things would get hectic at the monastery every once in a while, and I would sometimes smoke a joint to calm myself down.” The other two priests told him that his sins had been forgiven.

The second priest confessed, “Every once in a while, I gamble when I’m in a nearby town. I should use it for charity, but I have a gambling addiction.” The other priests told him that his sins had been forgiven.

The first two priests then asked the third priest to confess his sins.

“No thanks, guys. I’m good,” he quickly replied.

The other priests who already confessed didn’t think

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it was fair that they shared their sins and that the third priest did not.

“You must tell us,” they begged in frustration.

He snapped back, “No, mine is worse than both of what you guys shared. I’m not sharing.”

They yelled back, “Tell us!”

So the third priest finally decided to confess.

“Fine, I’ll share my sin. My sin is gossip, and I can’t wait until we get back to the shoreline.”


More of this kind of stuff


If you enjoy my monthly musings, you can read similar columns by subscribing to our free email newsletter, The Daily Umbrella, delivered via email each weekday morning. Sign up at www.thedailyumbrella.com.

Have a great month, and, as always, thank you for reading. ■


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LOCAL FILM REVIEWS

GERVAIS, AHMED, CRUZ, AFFLECK AND MORE

BY MICHAEL C. WOODY

I managed to survive the Oscar-season blast of movies with only a few body blows, viewing lots and lots of movies, many on the streaming services thanks to a very mild case of COVID. My fox terrier Buster and I spent a good (actually very good) week at the lake watching movies. As such, I am providing a mixed bag of films this month.

“AFTER LIFE”

Season 3 of this heart-warming and heart-breaking series about a man who loses his wife to cancer is outstanding. Ricky Gervais, of all people, is behind this excellent series. Raunchy language alert but so full of heart and love. **Grade: A-**



“ENCOUNTER”

What starts as a compelling sci-fi story about an ex-military dad protecting his two sons spins on a dime and turns into a whole different movie. Riz Ahmed turns in great performances. **Grade: B-**



“PARALLEL MOTHERS”

This is the first of two art films on this month's list. Penelope Cruz plays a successful adult who finds herself pregnant with no support from the father. Along this road, she meets a young woman in the same position, and the two strike up an interesting friendship. It's not a perfect film, but there is still much to like. **Grade: B**



“SCREAM”

I guess “Scream 5” didn't seem like a great title, so simply “Scream.” Many faces from previous incarnations reappear as the town is once again terrorized by a creepy man. **Grade: C+**



“SWANSON”

If you love Mahershala Ali (“Green Book”), you are in for a treat as here he plays two characters. A man who has a terminal illness finds a company (headed by Glenn Close) that will make an exact copy of him and insert this duplicate into the life of his son and wife... without them knowing. All fun and games until something goes awry. **Grade: B+**



“THE TENDER BAR”

George Clooney directs and Ben Affleck stars as an uncle keeping a close eye on his sister's adolescent son. A small, charming film about a dysfunctional family full of love and a heaping dose of crazy. **Grade: B+**



“THE 355”

This is the worst movie of the year so far — a preposterous story about a group of women tracking down bad guys and something else which I don't even care enough to remember. Mindless action with little to nothing to recommend. **Grade: D**



“TICK TICK BOOM!”

This is one of my big surprises of the year. Andrew Garfield plays Jonathan Larson, a struggling playwright trying to launch his first play on Broadway, or off Broadway, or in the backroom of a store. He just wants to succeed. Garfield should get an Oscar nomination. The film is charming and packs quite the emotional punch! **Grade: A**



“THE TRAGEDY OF MACBETH”

I will admit that a black-and-white movie written by the Bard, starring Denzel Washington and Frances McDormand, directed by one of the Coen brothers (and McDormand's husband Joel) had my attention. Unfortunately, not for long. The movie looks great, the actors are excellent, the photography is stunning, and the Shakespearean dialect is near perfect... maybe too perfect. I was an English major, and I still struggled to understand what was going on and what was being said. But the movie looks great. **Grade: C+**



“THE UNFORGIVABLE”

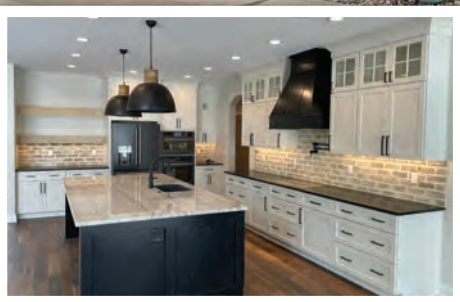
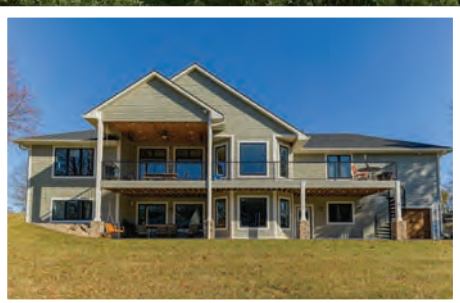
Sandra Bullock plays a woman released from prison for a heinous crime that she was involved with many years previously in which a police officer lost his life. No one seems to be particularly happy to see her out of prison. Not what you expect from Bullock, but she carries it well. **Grade: B**
Look for my Top 10 list from 2021 next month. ■



Michael C. Woody has been reviewing movies on radio and television since 1986 and can be heard talking movies every Wednesday afternoon at 2:30 p.m. on KXn0 106.3 with Keith Murphy and Andy Fales. You can also follow him on Twitter at MrMovieDSM. He and his wife Susan are residents of Lake Panorama.

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At the 18-hole Lake Panorama National, all league players must have an LPN annual membership and an established USGA handicap. The cost of the handicap is \$30 plus tax per person per year. With questions about LPN memberships or the USGA handicap, call the LPN pro shop at 641-755-2024.

For women, Lake Panorama National offers both a 9-hole and an 18-hole league on Thursdays. The 9-hole league uses a two-person, match-play format. It begins with registration at 4:45 p.m., announce-

At Panorama West, there is a Tuesday morning women's league, a Tuesday evening men's league, and a Thursday morning men's league. League members must either purchase an annual Panorama West

The Thursday morning men's league begins May 5 and continues for 18 weeks. Weekly league play begins with an 8 a.m. shotgun start, followed by an optional scramble for \$1. A tournament and wrap-up luncheon will be Sept. 8. Dues of \$25 covers regular play with weekly cash prizes and individual awards at the end of the season. Beginning with the 2022 season, league members who are 75 and older can

This two-couple scramble with fun twists and strategies will be held June 3, June 17, July 8, July 29, Aug. 12 and Aug. 26. Play begins at 5 p.m. Registration begins at 4:30 p.m., with couples asked to arrive early to learn about that week's

Annual membership forms for both LPN and Panorama West, plus LPN golf league forms, are available at www.lakepanoramanational.com. ■

VODKA

FROM PAGE 1



Hans van Leeuwen is shown in his Lake Panorama home with bottles of IngeniOz. His research on removing impurities from ballast water of ships and cleaning wastewater following ethanol production gave him the idea to produce a vodka that is free of impurities.

Van Leeuwen and his team received four U.S. patents for the process in 2008 and additional patents in 14 other countries over the next several years. The ozone process has been in use on international tanker ships since 2009.

Another major area of interest for van Leeuwen was ethanol production. Since the United States is the world leader in ethanol production, he was advised he should move to this country. More specifically, it was suggested he move to Iowa, which is the largest ethanol producing state in the U.S.

He researched Iowa ethanol production from afar, started looking for a job, applied for the position at Iowa State University, and was hired. Once in Iowa, he applied for and received many federal, state and private grants to support research on ways to add value to ethanol production.

“Corn fermentation to produce ethanol leaves five times as much water, containing lots of organic material,” van Leeuwen says. “This water needs to be reclaimed for reuse. My fungal process uses filamentous fungi in suspension in the wastewater stream, called thin stillage, to remove the excess organic material from this stream.”

Van Leeuwen’s process creates a high-quality animal feed.

“Growing fungus on the leftover corn found in ethanol production provides for good energy feed for livestock animals, such as pigs and chickens, and also can reduce energy needs,” he says.

More importantly, the fungi can be harvested and used as a resource for biochemicals, including amino acids, oils, glucan and chitin.

“The chitin can be converted to chitosan, a valuable biochemical used in medicine, agriculture and water treatment, which is otherwise made from the exoskeletons of crustaceans,” van Leeuwen says. “The

fungal chitosan is of a better quality and can be produced all year, while crustaceans are seasonal. All these additional byproducts will make a corn processing plant less dependent on ethanol and its volatile prices.”

What van Leeuwen discovered about purifying ballast water and ethanol production wastewater led him to develop his own vodka brand.

“Everyone claims their vodka is free of impurities,” he says. “But after years of research, I was able to produce an impurity-free vodka made from Iowa corn.”

The result is IngeniOz, which is distilled and bottled at a production facility in Clive. The process includes the use of an ozone generator, plus various filtration systems. Ozone gas is pushed through 190-proof ethyl alcohol, which alters impurities in the alcohol and makes these easier to absorb. The alcohol then is filtered through activated carbon to remove the impurities.

“This totally removes any contaminants, creating this ultimate premium vodka,” van Leeuwen says.

The vodka was launched in 2014. He sees a sales boost when he hosts tastings at the four HyVee stores nearest his Clive home, where he signs bottles for buyers. His vodka also is available at Hometown Foods in Panora.

“I have a core group of real believers who appreciate the smooth taste and know the lack of impurities lessens any hangover effects,” van Leeuwen says. “Every couple of months, I go to the production facility to create IngeniOz. Everything has to be done in a specific way. The ingredients aren’t a secret, but the exact methodology is critical, and that’s something only I know. I have put written instructions in an envelope for my daughter to open if something happens to me.”

Van Leeuwen retired from Iowa State in 2017 and now is an emeri-



Two ClonBio employees are shown at the Irish company’s ethanol plant in Hungary. The 60-foot-tall tower behind them is the main fungal reactor, where wastewater from the ethanol plant can be cleaned. This is the first full-scale fungal reactor of this design ever built and is based on research done by Hans van Leeuwen while a professor at Iowa State University.

tus professor there, where he still has office space and access to labs if he has a need to go to campus. In 2020, at the height of the COVID pandemic, he used some laboratory space to research purifying fuel grade ethanol for hand sanitizer.

He continues to be an entrepreneur in the area of ethanol co-product development and was issued another three U.S. patents between 2008 and 2017 for his discoveries. He’s currently working with ClonBio, an Irish company building an ethanol plant in Hungary.

Van Leeuwen poses the question he knows some are thinking.

“Why did I go to Europe with this, when there are so many ethanol plants in Iowa? Because most U.S ethanol plants are owned by farmer cooperatives,” he says. “While there

was much interest in my process, nobody was prepared to put up the millions of dollars still required for further development.”

ClonBio is financing this project.

“They had read about our work at Iowa State,” van Leeuwen says. “This isn’t a pilot plant but 100 times larger and includes the reactor for harvesting the fungi used in the distillation process. This private company is prepared to take on the cost burden of the further development and build the full-scale equipment.”

Van Leeuwen has a good working relationship with ClonBio owners and staff. The intention is to establish a joint venture company in which he will be a shareholder.

“So far, everything is developing well,” he says.

In the meantime, life goes on for

Hans and Marina. She is an artist with their modern home on Horseshoe Cove featuring some of her paintings. Besides their daughter in Iowa, they have a son and a daughter who live in South Africa and another son in Australia. They also have seven grandchildren in those two countries plus the three in Iowa.

Because of the COVID pandemic, traveling overseas to see family members has been on hold the past two years, but they hope to visit both South Africa and Australia in 2022. And they look forward to another summer on Lake Panorama, watching the lake from their waterfront deck, and cruising in their pontoon. Plus, Van Leeuwen says, “We hope to live long enough to see our great-grandchildren and enjoy the fruits of my patents.” ■

BLOCK

FROM PAGE 1

worked as a nursing assistant in a neonatal intensive care unit in Iowa City, gaining hours needed for acceptance in the St. Ambrose University Physician Assistant Program. Following her 29 months in PA school and rotations throughout Iowa and Illinois, Block applied for dozens of neonatal ICU positions across the country. Officials at New York City Health + Hospitals/ Bellevue asked if she’d come interview.

Block flew to New York and spent two days in interviews. She was offered

the job one month later and reported to work in “The Big Apple” in the early stages of the COVID-19 pandemic.

“I love my work,” Block says. “It is so gratifying to go to work each day and know you’re going to be helping the most helpless.”

Block has cared for multiple preemies who weigh 1 pound.

“My first day at work in New York we had a baby delivered that weighed less than 1 pound,” she remembers. “That baby ultimately went home breathing

on their own, needing no extra respiratory support. Their fight to survive is unlike anything I’ve ever seen.”

Away from work, Block spends time getting to know New York City.

“I live two blocks from Central Park, and that’s where I run,” she says. “Broadway just reopened, so my boyfriend and I are going soon.”

And while the mode of transit to and from work is different than it was in Iowa (Block is thankful she doesn’t have a car in Manhattan; she runs to work or

takes public transportation), the parallel in serving a geographic region under stress remains.

“The parallel is in the provider-to-population ratio,” she says, comparing rural Iowa to all the boroughs that make up the New York metropolitan area. “With the massive amount of people here, there is demand placed on the healthcare system. There’s a need here for more medical professionals and more support, as there is in rural Iowa.” ■

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Q&A: HEAD LPN GOLF PRO REFLECTS ON FIRST YEAR, LOOKS AHEAD

Rob Riggins says his favorite part so far are the people.

BY SUSAN THOMPSON
Lake Panorama Times

Rob Riggins has started his second year as the Lake Panorama National head golf pro. He moved from California to Iowa nine years ago and was the general manager and director of golf instruction at Jester Park for four years before moving to the Des Moines Golf and Country Club. There he was a golf professional, tournament director and golf instructor for nearly three years before taking the LPN job in February 2021.

In this month's Q&A, Riggins looks back at his first year at Lake Panorama and ahead to the 2022 golf season.

Q. Tell us what you enjoyed most and what you found the most challenging during your first year as the LPN head golf professional.

A. I absolutely enjoyed my first year at LPN. I love getting to know the members and connecting with everybody. Hopefully the members liked me as much as I like all of them! I love the feel here. It really feels like a "getaway" from Des Moines.

Without overlooking the obvious beauty of Lake Panorama, my favorite part so far are the people. I love to be involved with a facility that so many people care deeply for. It seems every time I turn around, I see people helping people. I don't see that as much as I used to. I love the energy I feel from everyone at Lake Panorama. "Lake Life" is a

real thing, and I'm looking forward to more of that in 2022.

The biggest challenge for me last season had to be merchandising, although the struggle was more to do with vendors not being able to deliver and nothing to do with LPN. We have been told by our vendors they are doing everything possible to make sure this will not happen in 2022.

Q. Will there be a 2022 golf season kickoff event this spring?

A. The 2022 golf season will kick off with a mixer on Saturday, Feb. 26 in the LPN banquet room. Everyone who has joined either LPN or Panorama West for 2022 is invited. It's a great way to get to know some of the other members and to reunite with friends. The mixer will start at 4 p.m. and will include a cash/charge bar and a short program.

An 8-inch cup tournament will be our first big LPN golf event for the 2022 season. This event is open to all members and non-members alike. It is a four-person best shot scramble and a great way to start the season without putting too much pressure on your individual game. Things will get started with an 11 a.m. shotgun start on Sunday, April 24 with cash cocktails and awards starting at 4 p.m. The price will be \$40 for members and \$75 for non-members.

Q. How are 2022 golf memberships coming in so far?

A. Memberships for 2022 are selling well, but there is always room for more at both Lake Panorama National and Pan-

orama West. Memberships here at Lake Panorama are a great value, especially when compared to other clubs in the Des Moines area.

Being able to jump on these two courses most any time is a great perk. For those times LPN has an outside event, being an LPN member allows for reciprocal play at over a dozen Des Moines area courses for a discounted fee.

Both LPN and Panorama West members are eligible for 20 % off merchandise in the LPN pro shop, plus full use of the LPN driving range and practice area. LPN members also have access to play in some member-only events we have planned in 2022 and can participate in the LPN men's and women's leagues in 2022.

There truly is a golf membership to suit anyone, available to both LPA and non-LPA members. Membership applications are in the LPN pro shop, or you can check out the options at www.lakepanoramanational.com/membership.

Q. There are five golf leagues at the LPN and three at Panorama West. Why do you encourage members to consider playing in one or more of the golf leagues available?

A. Some of the courses I have been a part of in the past are very proud of their leagues and the number of players that turn out. I can honestly say the Lake Panorama courses have some of the biggest leagues I have seen, and members should be very proud of their leagues.

Playing in leagues provides a great opportunity to meet new people, no matter what a player's skill level is. I really connected with some of our new members last year, as I was new as well. It was great to see them start the season in obscurity and end the season with so many friends they met because of the LPN leagues.

I did not get over to Panorama West as much as I wanted to last season, but I am planning on being there more in 2022. In fact, I hope to be more involved with all the leagues in 2022 with an occasional instructional clinic. I look forward to more growth in our upcoming season, especially our LPN women's leagues and our men's noon and 3 p.m. leagues.

Q. It looks like you have a full slate of tournaments at Lake Panorama National for 2022. How can people find out about what's available?

A. The board by the LPN pro shop front door is full of sign-up sheets for the 2022 season, and we are in the process of getting all events on the LPN website. I encourage everyone to look into our events. Being a member is not necessary to participate in most of our four-person best shot events we hold throughout the season. Our events are a great way to meet new people and get involved.

We will again have several special events for couples. With all that is going on for Memorial Day, we decided to move our traditional couples tournament to Sunday, May 29. We are hopeful this will help fill our field and still give people the opportunity to enjoy the Memorial Day events around the lake.

We also will continue our Friday Night couples events and our Monday Nine and Wine couples event. Both of these are great ways for couples to get to know each other, as you will play with a different couple each time. Details about these and other tournament and couples options are on the LPN website at www.lakepanoramanational.com/calendar.

Q. Will you be holding an LPN Junior Golf School this year?

A. Junior Golf school is planned for the 2022 season, and we are still working on details. The structure will be similar, but I would prefer to have smaller classes with more instructors. I feel better when the kids are getting instruction as opposed to them standing around waiting. I also would like to see a small tournament for juniors held toward the end



Rob Riggins

of the summer for players looking to compete. Watch for more details about this in the LPN Resort Weekly and on the LPN website and Facebook page.

Q. Will you be offering individual and group lessons in 2022?

A. Instruction will be available for 2022, and individual private lessons will be available, usually seven days a week, depending on my schedule. Group lessons also will be available, and class dates will be established before our member mixer on Feb. 26. Beginner and intermediate group lessons will be the same as last season with each group lesson consisting of three one-hour lessons, probably three Saturdays in a row. Again, we'll have the details for lesson options at the member mixer Feb. 26.

Q. Pro shop pickings were slim in some categories in 2021. What can members and guests expect to find in the pro shop in 2022?

A. We will slowly be introducing some new brands starting this season, and feedback for brand favorites is encouraged. I love to hear brand favorites of others, because I would like to keep the LPN pro shop growing with new product.

Club selection again will be slim. It is becoming impractical to keep a large supply of clubs on hand in the shop, as most clubs now are purchased with custom settings. So, again this year, for those who would like to purchase clubs here at LPN, I recommend paying Golf Galaxy to get a custom fitting, and we will cover that cost in the cost of any clubs ordered.

Also, if there is anything our members and guests would like to have ordered, feel free to contact either Mike Kleinwolverink, the LPN pro shop manager, or myself, and we can order anything golf-related you would like. ■

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Brenda Campbell announces 2022 candidacy for Guthrie County Treasurer

Marci Schreck will not seek re-election for the office.

Brenda Campbell has announced she will seek the Republican nomination for the office of Guthrie County Treasurer in the June 7, 2022, primary election. Campbell has served as a deputy treasurer in the Guthrie County courthouse for 15 years and is seeking to replace the outgoing treasurer, Marci Schreck.

Schreck is completing her 29th year with the Guthrie County treasurer's office, having served as treasurer since 2013. Schreck announced she will not seek re-election for the office but is confident in her team's ability to continue providing a high level of service to Guthrie County taxpayers.

"I am extremely proud of our team at the Guthrie County treasurer's office. Working here for the last 29 years has been a great experience," Schreck said. "Brenda has been an outstanding deputy treasurer, and I am confident in her ability to assume the treasurer's role with success. She brings a great deal of knowledge, experience and professionalism to our office. I wish her and the rest of our staff all the best."

Campbell resides in Guthrie Center with her husband, Cory. They are the parents of three daughters, Mackenzie, Kendra and Ava. Brenda and Cory enjoy supporting their girls' extracurricular events and are active members of the Guthrie Center community. Cory is employed with UPS in Guthrie Center



Brenda Campbell

and is currently serving in his 25th year as a volunteer fireman with the Guthrie Center Fire Department.

Campbell complimented Schreck on her leadership.

"I look forward to continuing the important work Marci has done as treasurer. Our office prides itself in providing top-notch customer service and responsible fiscal management," Campbell said. "If given the opportunity to serve as treasurer, my team and I will continue to uphold these priorities. I thoroughly enjoy working with the taxpayers of Guthrie County and would consider it an honor to serve as Guthrie County's treasurer." ■

GCH TO ADD OPHTHALMOLOGY SERVICES AND CATARACT PROCEDURES

Guthrie County Hospital welcomes Dr. Brandon Menke, who will be providing ophthalmology services and cataract procedures starting in March 2022.

Menke is a graduate of University of Iowa, where he attended the Carver College of Medicine for medical school. After completing his surgical residency at UnityPoint in Iowa, he headed to South Carolina to complete an Ophthalmology residency at the University of South Carolina.

His findings have been featured in numerous publications, and he has received several awards and accolades for his vision and innovation. When Dr. Menke isn't working or researching, he enjoys spending time with his wife, Psychologist Kristen Menke, and their two daughters, Sloane and Blaire.

Menke will be consulting with patients and performing cataract and glaucoma surgeries. He will be accepting new patients beginning in March 2022. For more information on this service, call the Surgical Services Department at (641) 332-3858. ■



Ten Squared Plus Men made its final check presentation for 2021. The selected entity was Guthrie County Chaplains, and they were awarded \$17,100. Shown making the presentation are Dave Van Ahn (Ten Squared Plus member) Dick Ziller, Sheriff Marty Arganbright, Jolene James, Gary Freeland and Josh Overfors. This brings the total amount donated to Guthrie County entities by Ten Squared Plus Men to \$245,150. If you would like to be a member of this organization, contact any member or send an email to b.monaghan@gcsbank.com and you will be added to the list for 2022.

10 SQUARED WOMEN PRESENT FINAL CHECK OF 2021



Kristen Crouthamel (10 Squared Women co-organizer and nominator), Steve Smith (Guthrie Center Revitalization volunteer/liaison), Terry Laughery (Guthrie Center Revitalization Board President) and Joel Baxter (Guthrie Center Revitalization Board Treasurer)

The 10 Squared Women of Guthrie County held its fourth quarter 2021 meeting both live and with the option of virtual attendance and voting. Three organizations presented to the group. First, Diane Flanery spoke on the Guthrie Center Revitalization Group, whose current project is rehabilitating the historic Williams Building in Guthrie Center. Next, Shannon Neff-Muell presented for the Casey Service Club, the organization tasked with fundraising and volunteers to bring revitalization and recreation opportunities to residents and visitors of the community of Casey. Last, Erika Willms spoke on behalf of the AC/GC High School Fitness facility. The new 8,000-square-foot AC/GC Fitness Facility was opened earlier this year and still has many needs and equipment they would like to be able to purchase for the facility. After hearing all three presentations, the group announced a lump sum of \$10,400 to be presented to Guthrie Center Revitalization Group. This consists of 10 Squared Women member donations and several employer matches.

The Board of Guthrie Center Revitalization was notified of the monetary donation from 10 Squared Women of Guthrie County. Board President Terry Laughery told the members that the funds would be helpful in continuing work on the Williams' Building Project that is ongoing. COVID restrictions placed a "hold" on many community items, including working on community development. This should help jumpstart things going into 2022.

The long-term view of the Williams' Building renovation includes installing new windows, remodeling apartments, and installing an elevator to bring the building up to ADA Code. While the current tenants provide sufficient income to handle the overhead, these funds will provide much-needed flexibility to push into those upcoming projects. The Board, in conjunction with efforts from the City Council, helped jumpstart the downtown renovations.

"As a Board, we take great pride in being one of the catalysts for that action. COVID took some of the wind from those sails, but we remain committed to making 2022-2023 the best years yet. Our organization could not exist without the benevolent action of volunteers, donors and assistance from other community organizations like 10 Squared Women, and we remain committed to being part of revitalizing, not just our rural community, but rural life in general," said President Terry Laughery.

Speaking on behalf of the Board, he also stated, "The last 18 months or so have shown us how important community resources are. We are so thankful for the donation and plan to use the funds to give back to the community in the same way we have since our Board started. Thank you, 10 Squared Women,

for being committed to that same goal."

10 Squared Women is focused on helping and donating to local organizations that vow to put those funds to work, right in our back yards. The funds are used in various projects to benefit Guthrie County community's projects and residents. To date, the group has donated \$217,450 in the four years since inception in 2017.

The 10 Squared Women's group holds meetings quarterly at Lake Panorama Conference Center the fourth Tuesday in February, May, August and November, subject to change. The first meeting for 2022 will be on Tuesday, Feb. 22. Members in attendance hear from three nominated organizations, drawn from "the hat" of member-nominated organizations at random, and vote on the winning cause that night.

The group currently has approximately 101 members. Twenty organizations have been nominated and the group encourages additional philanthropic organizations and new members to come forward. These have included Cities of Yale and Jamaica park improvements, City of Bagley (Library project), Daycare and Preschool programs in Adair and Guthrie Center (KidZone) and Panora (Little Panther), Guthrie Center and Panora Fire Departments, School Backpack programs a AC/GC, West Central Valley and Panoram, as well as programs that benefit residents from all corners of Guthrie County: Guthrie County Helping Hands (habitat for humanity projects in Stuart, Casey, Guthrie Center, Adair, Panora, Yale, Menlo, Jamaica, and Bagley), New Opportunities, Panora P.E.T.S., Guthrie Activity Center, Tori's Angels Foundation, Guthrie County Sheriff's Chaplains, Guthrie County Historical Village Foundation, Guthrie County Hospital Foundation, Guthrie County Arts Council, St. Thomas More Center, Guthrie Center Christmas Lights project, and now, Guthrie Center Revitalization.

10 Squared Women members are encouraged to talk to their friends, neighbors and family about the group and to share the group within their social circles. Members are not required to attend meetings, however, in order for their vote to count, they must be in attendance at the live meeting or virtually. All members are expected to write their donation checks whether they can attend the meeting and vote or not.

The group is looking for new members who are excited about helping their communities and Guthrie County. To learn how to get involved, visit their Facebook page at <https://www.facebook.com/10squaredwomengc>, or email 10squaredgc@gmail.com. Membership Forms and Frequently Asked Questions can be found on their Facebook page or by contacting them through Facebook or email. ■

Visit www.LakePanoramaTimes.com for news, classified listings, photos and more!

Lake Panorama TIMES

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RECIPE

HEART-HEALTHY AND DELICIOUS, TOO!

BY JOLENE GOODMAN

(Family Features) It is easy to think of Feb. 14 as a time to reflect on the love we have for family, friends and neighbors. The American Heart Association uses this time of year to remind us of heart health. How is our heart health? What are we doing to improve it? What are the steps we need to take to insure optimal healthy hearts?

When cooking, keep in mind small changes that can make a big impact on heart health.

High cholesterol is one of the major controllable risk factors for heart disease and stroke, with about 38% of American adults diagnosed with high cholesterol, according to the American Heart Association. It can be managed by getting levels regularly tested and making lifestyle changes like eating a heart-healthy diet.

- Reduce saturated fat — Select lean cuts of meat or opt for plant protein, limit processed meats, broil or bake rather than pan-fry meats and remove skin from poultry before cooking.
- Eat more fish — Fish can be fatty or lean, but it's still low in saturated fat. Choose oily fish like salmon or trout, which are high in omega-3 fatty acids.
- Use liquid oils in place of solid fats — For roasting, sauteing and more, use non-tropical liquid vegetable oils like canola, safflower, soybean or olive instead of butter, lard or shortening.
- Lower dairy fats — Low-fat, fat-free or non-dairy milk can be used in many recipes instead of whole milk or half-and-half.
- Increase fiber and whole grains - Add high-fiber vegetables to meals, serve fruit instead of juice and try brown rice instead of white.

These simple tips and better-for-you recipes like Chicken Tortilla Soup can help you eat healthy without sacrificing taste.

Find tips for managing cholesterol and other risk factors at heart.org/cholesterol. ■

Jolene Goodman is the advertising director for Lake Panorama Times and vice president of Big Green Umbrella Media.



CHICKEN TORTILLA SOUP

This recipe is reprinted with permission from "Healthy Slow Cooker Cookbook, 2nd Edition." Copyright 2018 by the American Heart Association. Published by Harmony Books, an imprint of Penguin Random House, LLC.

Servings: 4

- 1 pound boneless, skinless chicken breasts, visible fat discarded, cut into 1/2-inch cubes
- 2 cups frozen whole-kernel corn, thawed
- 2 cups fat-free, no-salt-added chicken broth
- 1 can (14 1/2 ounces) no-salt-added, diced tomatoes, undrained
- 1/4 cup finely chopped onion
- 1 teaspoon sugar
- 1 teaspoon ancho powder
- 2 medium garlic cloves, minced
- 1/4 teaspoon salt
- 2 corn tortillas (6 inches each), cut into 1/4-inch-wide strips
- 1 corn tortilla (6 inches), torn into pieces
- 2-4 tablespoons snipped fresh cilantro
- 1/4 cup finely chopped avocado
- 1/4 medium red bell pepper, cut into matchstick-size strips

In slow cooker, stir chicken, corn, broth, tomatoes, onion, sugar, ancho powder, garlic and salt. Cook, covered, on low, 6-8 hours, or on high, 3-4 hours.

Preheat oven to 350 F.

On baking sheet, arrange tortilla strips in single layer. Bake 8-10 minutes, or until crisp. Transfer baking sheet to cooling rack. Let strips stand 15 minutes, or until cool. Transfer to airtight container and set aside.


When soup is ready, transfer 1 cup to food processor or blender.



Stir in tortilla pieces. Let mixture stand 1 minute. Process until smooth. Stir mixture into soup. Stir in cilantro.

- Ladle soup into bowls. Sprinkle with avocado, bell pepper and reserved tortilla strips.





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BUSINESS

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WHAT IS A CHAMBER OF COMMERCE?



BY KRISTIN RUMELHART

Many people think that a chamber of commerce is a tax-funded arm of the city. Although city government can play an active role in any chamber of commerce, the organization is not typically part of city government. Rather, it is an independent, non-profit association of local business owners who volunteer their time and money to work collectively to promote the business community.

It doesn't matter what your industry is, or what business you are in — support is key. That support is most beneficial when it comes from like-minded people in the community who can help you succeed. The Panora Chamber of Commerce is a resource for you and your business.

We currently have more than 60 members of the Panora Chamber of Commerce, and we are continuing to grow. Our mission is to promote the Panora area and maintain a favorable business environment within the existing and future business community.

I am proud to serve as your 2022 president, as is your vice president, Dale Hochreiter, your treasurer, Julie Wykoff, and your secretary, Trudy Hastings.

The Panora Chamber of Commerce facilitates activities and events that focus on business promotion, economic enhancement, tourism and overall promotion of the community and surrounding area. Our events and promotions include:

- Ambassador "Welcome Visits" to new businesses
- Market to Market Relay
- Guthrie County Arts Council - Art in the Village
- Chamber Challenge Golf Tournament
- Annual Easter Egg Hunt
- High School Senior Scholarships
- Community-wide Sidewalk and Garage Sales
- Panorama Days Celebration - First full weekend in August
- Citizen-of-the-Year Award
- Teacher "Welcome" Coffee
- Halloween Haunted Village at Historical Village
- Town Square Park Christmas Lighting
- Breakfast with Santa & Friends and Santa's Workshop

We believe that a healthy business community results in a thriving community, and we want to be your business partner. You can learn more about becoming a member of the Panora Chamber of Commerce by visiting www.panorachamber.org or by calling 641-757-0605. ■

NEW CLINIC NOW OPEN FOR BUSINESS IN PANORA

Grand opening celebration will be March 30.



The new GCH Clinic building in Panora opened for business Jan. 31. It is located on the east edge of Panora and offers many upgrades that were not possible in the previous location near Hometown Foods.



The reception area features a vaulted ceiling and lots of both natural and electrical lighting to make the space inviting.

BY SUSAN THOMPSON
Lake Panorama Times

The new medical clinic building in Panora owned and operated by the Guthrie County Hospital (GCH) opened Jan. 31. Groundbreaking for the new clinic at 103 S.E. 13th St. was April 26, 2021. The 6,800-square-foot clinic is a state-of-the-art facility that includes nine exam rooms, a procedure room, a laboratory space, an X-ray suite, and an educational conference room.

The clinic is staffed by Dr. Josh Strehle and Sara Van Effen, ARNP. There also are two receptionists and two nurses. Strehle and Van Effen are based out of the Panora clinic. Van Effen sometimes helps in other GCH clinics, which are located in Adair and Stuart.

The new clinic in Panora took more than four years of planning. The previous clinic location near Hometown Foods lacked room for expansion, which was needed to effectively offer walk-in and urgent care services, plus increase the number of healthcare professionals to serve patient demand.

"Since joining Guthrie County Hospital almost seven years ago, support from our community has been outstanding," says Strehle. "More and more people have come to trust us with their healthcare, and it became obvious we were outgrowing our space."

"Our clinic staff continually strives to provide excellent patient care, and this new clinic allows us to do that," Strehle says. "We are able to continue to offer on-site limited lab and radiology. The layout improves communication between team members and has larger, more private exam rooms. We are very excited to continue to deliver excellent healthcare to our community from our new space."

Services offered include adult medical services (physicals, acute care, chronic disease management), infant and pediatric medical services, including prenatal care up to 32 weeks of pregnancy, walk-in services, women's health, men's health, immunizations for all ages, X-ray services and laboratory services.

Tina Nourse, GCH director of clinics, says most of these services already were being provided at the former Panora location, but the new location will make it possible to expand services, especially the walk-in clinic, in the future.



An educational conference room is adjacent to the waiting room in the new GCH Clinic. A wall of glass separates it from the waiting room, and a large window on the east keeps both the conference room and waiting area light and bright.

"The level of care provided in our community by the staff at GCH Clinics in Panora is hard to match," says Nourse. "Dr. Strehle and Sara VanEffen, ARNP, along with the clinic staff, strive to bring compassionate, quality health care close to home. The new clinic now matches that level of care by providing a modern facility in the Panora community."

The new building offers space to add another provider, which is being explored. There is a flexible clinical area in the back of the building, which has a separate entrance and could be used for walk-in services and visiting specialists. So far, no definite decisions have been made regarding this space.

The phone number for the new clinic remains the same as the previous location at 641-755-4000. Voicemails can be left afterhours, and a staff member will return calls the next business day. If an emergency, call 911.

In addition to existing patients, the clinic is accepting new patients. To become a new pa-

tient, call the clinic to schedule an appointment. To make the clinic visit quicker, the new patient form on the GCH website (www.guthriecountyhospital.org) can be downloaded and completed to bring to a first appointment, or the form can be completed at the appointment.

The clinic is open Monday through Thursday 7:30 a.m. to 4:30 p.m., and Friday 7:30 a.m. to 3:30 p.m. Walk-in clinic hours are Monday through Friday 7:30-11 a.m., and 9-11 a.m. the third Thursday of each month.

Nourse says the new GCH Clinic in Panora offers an updated, modern facility for patients in the community to receive health care services.

"It was built with patient privacy, safety and quality in mind and will create a medical hub for services in our area," she says. "While the first day open to see patients was Jan. 31, our grand opening celebration will be March 30, which is National Doctors' Day. Please plan to join in the celebration." ■

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PRICE REDUCTION FOR LAKE PANORAMA HISTORY BOOK

The cost of a book documenting the history of Lake Panorama now is \$25, including tax. “Lake Panorama – The First 50 Years” was published in 2019 as a way to celebrate the 50th anniversary of the founding of the Lake Panorama Association (LPA). The LPA financed the book’s production.

“The goal was never to make money but to celebrate LPA’s 50th by capturing the history of Lake Panorama’s first half-century,” says John Rutledge, LPA general manager. “I think we all can agree there is value in an educated membership, and this is a great tool to help inform our property owners.”

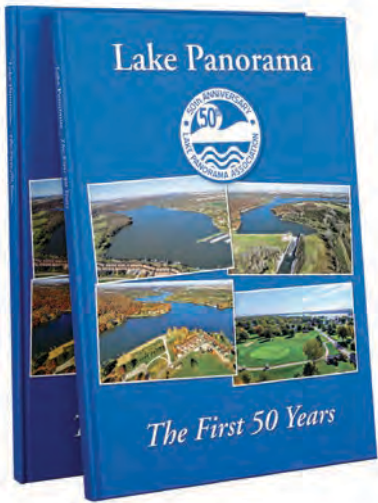
The book, authored by Susan Thompson, arrived at the LPA office July 19, 2019. About 1,000 books were printed, with 350 purchased online in advance, and another 350 purchased since the book’s arrival. About 325 remain in stock.

The full-color, hardcover 112-page book includes both historic and contemporary photos. Chapters in the book describe six decades of planning and development. There also are special topic chapters on Lake Panorama’s golf courses, infrastructure and water quality efforts. Sidebar stories highlight various groups and activities such as HALO, Lake Panorama ski team, Fin and Feather, Fourth of July fireworks and more.

Books are available for direct purchase at the front desk of the LPA Monday through Friday, 8 a.m. to 4:30 p.m. The book also is available at the Lake Panorama National front desk during daily business hours of 9 a.m. to 5 p.m. Purchases can be made at the LPA and LPN via cash, check, or credit card.

The book also is available for purchase at the Panora Library, cash or check only, or can be checked out to read at no cost. The LPA also donated one free copy to libraries in Bagley, Bayard, Casey, Guthrie Center, Jamaica, Linden, Menlo and Stuart.

Online ordering is available, with the LPA shipping for an additional cost of \$5 per book. Once ordered online, books will be shipped from Panora in 7-10 business days. Here is the link to order online: <https://lakepanorama.formstack.com/forms/order> ■



The cost of the book “Lake Panorama – The First 50 Years” has been reduced to \$25, in hopes of getting it into the hands of more LPA property owners or others who have a connection or interest in Lake Panorama. The LPA will ship online purchases for an additional \$5 per book.

NEW PANORA CHAMBER COORDINATOR HIRED

Jessica Hein has experience in healthcare, hospitality, transportation and public service.

BY SUSAN THOMPSON
Lake Panorama Times

The Panora Chamber has hired a part-time coordinator to help the organization meet its goals. Jessica Hein started work in early January and was introduced to Chamber members at its Jan. 24 meeting.

“Year over year, the Chamber’s goal is to bring people to our community to showcase not only what we offer, but also what we are about,” Hein says. “In this new position, I will be responsible for updating the Chamber’s social media with events and coordinating volunteers for the events the chamber hosts. I also will meet with the various committees to make sure we are ready to put our best foot forward with all events we bring to the community.”

Hein, the daughter of long-time Panora residents Tim and Nancy Holloway, graduated from Panoram High School in 2009. She and her husband, Jack, and their two children, Maci, age 11, and Jack Jr, age 6, moved from Illinois to Panora in 2016 to be closer to family. Maci and Jack Jr. attend Panoram Elementary.

Hein has work experience in healthcare, hospitality, transportation and public service.

“I worked at Cargo Market in Panora

as my first job ever,” she says. “I worked at The Port, and also many years at the Care Initiatives facility in Panora. Currently, I run two of my own businesses, an Animaland mobile stuffed animal unit known as JMO and Friends, and My Personal Assistant, which is a cleaning service and home hospitality program.”

Hein says the Chamber coordinator position interested her because she has been looking for a way to get more involved in the community.

“I loved growing up in Panora, and I want to see the programs the Chamber has been a part of, such as Santa’s Workshop and Panoram Days, continue to be a cherished part of everyone’s experience in our small town,” she says.

Other events Hein plans to work on in 2022 are the Market to Market run in May, local garage sales the first weekend in June, and Halloween trick or treating on the Panoram square.

Hein says she looks forward to getting to know more business owners in the community.

“I am familiar with most of the downtown storefront owners, and I hope to get more familiar with our non-storefront business owners, as well,” she says. “I know we have more than meets the eye in our little community. My hope is that 2022 will bring a host of fresh



Jessica Hein has been hired as the Panoram Chamber coordinator. She started work in January and was introduced to Chamber members at their Jan. 24 meeting held at Lake Panoram National.

faces to the Chamber activities, and in turn, get our community excited to get involved.”

“We have a select few, honored, veteran Chamber volunteers who have graciously donated their time for many years, and I understand they are ready to allow eager volunteers to continue the traditions in their stead,” Hein says. “I am confident we can inspire the younger generations to become more involved and keep our community thriving.”

Hein hopes she can help community members learn more about the Panoram Chamber, and more people will want to get involved.

“We run on donations and local support, so if there is something we should be doing, let us know,” she says. “Also, find a way to help, whether it be donating \$5 or volunteering an hour of time. Too often I hear ‘Panoram isn’t what it used to be,’ so let’s make it the life we want to live in the community we love.”

Visit www.panorachamber.org for information on how to become a Chamber member, current Chamber businesses and officers, and upcoming events. Another option is the Panoram Chamber Facebook page where details of upcoming events are available, and members can share retail specials, event flyers and more. ■



The Panoram Chamber held its first meeting of the new year Jan. 24 at the Lake Panoram National Conference Center. Shown left to right are Jessica Hein, newly hired Panoram Chamber coordinator; and 2022 officers, Kristen Rumelhart, president, Crafty’s Coffee; Dale Hochreiter, vice president, Cyclone Pest Management; and Trudy Hastings, secretary, Iowa Trust & Savings Bank.

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Q: With all these Canada geese on the lake, I have to wonder how much manure do they create?

A: Great question. According to Aquatic Environment Consultants, an adult goose can eat about 4 pounds of grass daily and defecate 2 to 4 pounds a day. That means one goose produces somewhere around 1,000 pounds of manure every year, and it can live for up to 24 years.

Q: We will be moving to Lake Panorama soon, and we can't wait to start meeting people in the area. We enjoy your newspaper online. How can we get a print subscription?

A: As a property owner at Lake Panorama, you will receive a free subscription mailed to your permanent mailing address on file with the LPA. If you would like additional subscriptions, you can purchase them for \$24 annually at www.biggreenumbrellamedia.com/product-category/subscriptions. You can also mail your payment along with name and address to Lake Panorama Times Subscription, 8101 Birchwood Court, Suite D, Johnston IA 50131 or call 515-953-4822 to order by phone.

Q: I enjoyed the locally owned section in your January issue. I hope to see more of those efforts to help support our local businesses.

A: We could not agree with you more. And, yes, we hope to do more of these salutes in issues to come.

Q: My neighbor is running a business out of his home on the lake. Is that allowed?

A: The answer, according to 7.02 in the LPA Rules and Regulations, is yes... with some conditions. No signage identifying the business shall be allowed. No on-site retail business is allowed (walk-in). No bed and breakfast inn shall be allowed. Parking shall be only on the owner's property. No construction equipment shall be parked in a way that is visible from the street. And no inventory or product shall be stored outside. See the Rules and Regulations for full details. ■

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Lake Panorama National Resort is Looking for Hard working friendly people to join our Golf Operations team. Currently we would like to add to our Pro shop, Golf Services and Starter/Ranger Staff. If you are interested in a rewarding position with our Golf Operations team please call the golf shop at 641.755.2024 or email Rob Riggins at rriggins@lakepanorama.org

HELP WANTED: LAKE PANORAMA NATIONAL RESORT

Lake Panorama National Resort is seeking both full and part-time line cooks, part-time and seasonal dishwashers, part-time res-

taurant and banquet servers, and a seasonal laundry attendant. Banquet servers are needed who can work into fall and beyond. Willing to train, and offer competitive wages. Plus employees can take advantage of golf, meal discounts, and access to the fitness center and pool. Submit application online here <https://www.lakepanoramana-national.com/employment>. Or apply in person daily 9 a.m. to 5 p.m. at Lake Panorama National Resort, 5071 Clover Ridge Road.

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GUTHRIE COUNTY COMMUNITY FOUNDATION GRANT APPLICATION PERIOD NOW OPEN

Eligible applicants for a 2022 grant are 501(c)3 non-profit organizations or organizations that have the same tax-exempt qualifying status.



The Guthrie County Community Foundation is governed by a 14-member advisory board, with members representing a cross section of the county. Pictured in the front row, left to right, are Mary Ebert, Tamara Deal, Joyce Heaton, Susie Belding and Gina Lloyd. Back row, Bret Wedemeyer, Carla Hilgenberg, Joni Dvorak, JoAnn Johnson, Diane Flanery and Kirby Klinge. Not pictured, Julie Dent-Zajicek, Ryan Albers and Robert Kempf.

BY SUSAN THOMPSON
Lake Panorama Times

Applications for grants through the Guthrie County Community Foundation now are available for the 2022 cycle. Completed applications must be submitted via email by 5 p.m. on Monday, March 7.

The Guthrie County Community Foundation is committed to improving the quality of life throughout Guthrie County by investing in area nonprofits through its grant programs. The foundation also provides individuals, families and area businesses who love the communities within Guthrie County with a way to give back.

The Guthrie County Community Foundation is governed by a 14-member advisory board, with members representing a cross section of the county. Members are Ryan Albers, Yale; Susan Belding, Stuart; Tamara Deal, Panora; Joni Dvorak, Bagley; Mary

Ebert, Coon Rapids; Diane Flanery, Guthrie Center; Joyce Heaton, Casey; Carla Hilgenberg, Jamaica; JoAnn Johnson, Panora; Robert Kempf, Jamaica; Kirby Klinge, Panora; Regina Lloyd, Linden; Bret Wedemeyer, Casey; and Julie Dent-Zajicek, Panora.

In 2020, Friends of Lake Panorama received a \$2,000 grant from the Guthrie County Community Foundation to help provide new playground equipment at Boulder and Shady beaches. In 2021, more than \$118,000 was given to 23 Guthrie County non-profit organizations to support proposed projects.

Eligible applicants for a 2022 grant are 501(c)3 non-profit organizations, or organizations that have the same tax-exempt qualifying status. Qualified organizations must be located within Guthrie County or provide services to residents of Guthrie County.

There are two options for applying for a 2022 grant.

One is a simple grant application for requests up to \$10,000. The second is the standard application for requests of more than \$10,000.

The Guthrie County Community Foundation has \$106,977.13 from Iowa's County Endowment Fund Program and \$53,700 from Grow Greene County funds available for the current grant cycle. Applications and instructions are available at www.GuthrieCountyCommunityFoundation.org.

Applications must be emailed to GCCFoundation@gmail.com with all of the required documentation attached as a single PDF file. Questions about the application process can be sent to the same email address or any board member.

More details about the Guthrie County Community Foundation, plus projects funded in 2021, can be found in a full-page advertisement on the last page in this publication. ■



The City of Casey received a 2020 grant of \$2,275 from the Guthrie County Community Foundation (GCCF) for improvements to the courtyard near the Casey community center. Three concrete picnic tables and three oak trees were purchased and installed. Sitting on one of the new picnic tables are Kari Sneller and Bret Wedemeyer. Standing, left to right, are Paul Wedemeyer, JoAnn Johnson, Betty Elgin and Tamara Deal. Bret Wedemeyer, Johnson and Deal serve on the GCCF board. The others are members of the Casey Service Club.

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TRISH HART’S NATURE PHOTO OF THE MONTH



BLUE JAYS APPRECIATE WINTER FEEDERS

These birds are known for their intelligence and tight family bonds.

BY SUSAN THOMPSON
Lake Panorama Times

Trish and Scott Hart, who live full-time in a home in Andrew’s Cove, see Blue Jays on their birdfeeders year-round. Their numbers increase in the winter when other food options aren’t as easy to find.

“We feed them a mixture of black oil sunflower seeds, fruit and nut wild birdseed, and peanuts,” Trish says. “They absolutely love peanuts!”

Blue Jays are found year-round from Florida to southern Canada and as far west as Montana. They can thrive in a variety of habitats but prefer wooded edges and oaks. Their fondness for acorns, which they often bury in the ground, is credited with helping spread oak trees northward at the end of the Ice Age.

These birds are known for their intelligence and tight family bonds. Nesting occurs during spring or early summer. Blue Jays are monogamous, and pairs may stay together for life. Both the male and female construct the nest. Young jays fledge about three weeks after being hatched. Trish Hart says she and Scott enjoy seeing the same Blue Jay couples and their fledgling babies each year.

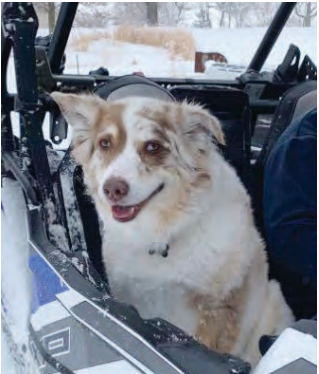
The Blue Jay frequently mimics the calls of hawks. These calls may provide information to other jays that a hawk is around, or may be used to deceive other birds into believing a hawk is nearby to clear out a birdfeeder for themselves to enjoy.

Hart offers custom prints of her nature photos on canvas, paper, metal and glass. For more information, visit NaturesCanvas-Photos on Facebook. ■

LAKE DOGS & COVE CAT

By CHERYL TEMPLE
Lake Panorama Times

Name: Mr. B (Barkley)
Breed: Rhodesian Ridgeback
Name: Ruger
Breed: Australian Shepherd
Owners: Hunter Grunsted and Deb and Rich Grunsted. Mr. B enjoys coming to the lake to chase deer and ride around in the Razor. Ruger likes to play Frisbee, chase deer and also go for rides in the Razor. Both enjoy their lake life — even in the winter!



Name: Kit-T
Available at: Panora Pets
Status: She’s been waiting for her forever home for almost a year. Kit-T is a petite girl, with a sassy personality, much bigger than her physical size. She’s energetic, loves attention and doing things her way. Kit-T has a strong preference as to what she likes and will tolerate. She will let you know what they are. She can be quite assertive and will do her best with a patient adult only home. She has a very striking dilute tortoiseshell and white coat with mesmerizing cool green eyes. She is front declawed. ■



Suggest Lake Panorama residents and their pets for us to cover on the **Lake Panorama - Lake Dogs and Cove Cats** Facebook page



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Presenting Some of the 2020 and 2021 Grant Awardees from the Guthrie County Community Foundation



2020 Bayard Betterment Foundation \$5,000 for New Shelter House in South Park.



2020 Guthrie County Public Health \$7,200 for 15 laptops, software and set up labor: Abby James, left, and Jo Rasmussen.



2021 City of Bagley \$1,500 for Highway 141 Project: From the left: Kirby Klinge, Deana Gibson, Greg Irving, Ruth Riley, Jon Shaffer and Janet Bennett.



2021 Guthrie County Fair \$6,500 for Fairground Upgrades: Jolene Sheeder, left, and Diane Flanery.



2021 Jamaica Emergency Services \$2,107 for Radios: Bill Wilson, left, and Bob Kempf.



2021 Menlo Community Building \$12,169 for Remodeling of Building: From the left: Joyce Heaton, Susie Belding, Carol Sheldahl and JoAnn Johnson.



2021 Panorama EMS \$8,223 for Ventilators: Joe Hupp, Curt Crawford, Kylea Tessman, JoAnn Johnson, Tammy Deal and Kirby Klinge.



2020 City of Casey \$2,275 for Community Center Courtyard Improvements: From the left, front: Kari Sneller and Bret Wedemeyer. Back: Paul Wedemeyer, Joann Johnson, Betty Elgin and Tammy Deal.



2020 Guthrie County Arts Council \$2,000 for Technology Updates.



2021 Adair Boys & Girls Club \$7,085 for Safety / Fencing.



2021 Stuart Cemetery for New Gates and New Software to assist in locating and plotting grave sites: Alberta Jirak, left, and Mike Johnson.



2021 Jamaica Library \$4,000 for Bat Elimination: Alan Robinson.



2021 Menlo Fire & Rescue \$18,620 for Fire Truck: From the left: Kevin Guisinger, Ryan Jaehrling, Billy Sudbrock and David Guisinger.



2021 Prairie Woodland Foundation \$1,000 for Education Center: Maggie Armstrong, left, and Tammy Deal.



2020 City of Panora Police Department \$885 for Body Armor: From the left: Kirby Klinge, Matt Reising, JoAnn Johnson and Tammy Deal.



2020 Guthrie County Hospital \$500 for Pediatric Health and Safety Fair: From the left: Kirby Klinge, Melissa Bahrenfuss, Tammy Deal, Karen Hoffman and JoAnn Johnson. 2021 \$7,243 for Equipment.



2021 City of Yale \$1,300 for Park Improvements: Emily Albers



2021 Guthrie County Extension \$1,500 for Farm Safety Day for Elementary Students in Guthrie County Schools.



2021 Little Panther Daycare \$15,000 for Building Addition Construction: From the left: Julie Dent-Zajicek, Page Arganbright and Gina Lloyd.



2021 Menlo Public Library \$379 for Laminating Machine: From the left: Earl Jacobsen, JoAnn Johnson, Denise Miller, Susie Belding and Joyce Heaton.



2021 Stuart American Legion \$1,505 for LED Lights/Fan: Front, from the left: Isa Avey, Kim Avey, Sandy Johnson and Richard Miller. Back: Jeremy Lovelace, Ron Vice, Raymond Shelley, Ben Doyle, Chuck Avey and Ken Wallace.



2020 Friends of Lake Panorama \$2,000 for Playground Project: Front, from the left: Jan Reinicke, Jody Muench, Jim Tibbles and Emily Spradling. Back: Kirby Klinge, Tammy Deal and JoAnn Johnson.



2020 Guthrie County 4-H Foundation \$5,000 for 4-H Building Stage and Equipment.



2021 CWT Firefighters Association \$4,094 for Imager and Detector: From the left: Gina Lloyd, Jeff Larson, Brice Rochholz, Rick Richter, Michael Clarke, Travis Corder, JoAnn Johnson and Joyce Heaton.



2021 Jamaica Community Center \$7,000 for Roof Repairs: Easton Berhow.



2021 Mary J. Barnett Library \$1,000 for Library Updates: From the left: Susan Hjelte, Cass Fronapfel and Jerri Hawkins.



2021 Oakwood Cemetery \$3,500 for Tree Removal / Repairs: From the left: Bret Wedemeyer, Kari Sneller, Paul Wedemeyer, Romonia Dinkla, Tom Cline and JoAnn Johnson.



2021 City of Stuart \$5,000 for Cemetery Expansion: Front, from the left: Joyce Heaton and Susie Belding. Back: Mary Pease, Alberta Jirak, Kristina Renslow and JoAnn Johnson.

Now is the time to submit grant applications for the 2022 Funds.



Members of the 2022 Guthrie County Community Foundation Board of Directors are, from the left, front: Mary Ebert (Coon Rapids), Tammy Deal (Panora), Joyce Heaton (Casey), Susie Belding (Stuart) and Gina Lloyd (Linden).

Back: Bret Wedemeyer (Casey), Carla Hilgenberg (Jamaica), Joni Dvorak (Bagley), JoAnn Johnson (Panora), Diane Flanery (Guthrie Center) and Kirby Klinge (Panora). Not pictured: Julie Dent-Zajicek (Panora), Ryan Albers (Yale) and Bob Kempf (Jamaica).

The Deadline for applications is 5 p.m. on Monday, March 7.

Funding is available for 501(c)3 non-profit organizations or organizations with the same tax-exempt qualifying status located within Guthrie County or providing services to Guthrie County residents.

Applications and instructions are available at www.GuthrieCountyCommunityFoundation.org

If you have questions, email GCCFoundation@gmail.com

or contact a board member.

\$160,677+ is available in 2022 for grants in Guthrie County!